



Keep your body and our oceans in healthy shape with Safcol

Guy Heed

World Ironman Champion



Safcol Pole & Line Tuna is a real lifesaver. It's 100% natural with no artificial colours or preservatives, but unlike other brands it's fished responsibly, saving the lives of thousands of marine species every year.

- High quality lean protein
- Good source of Omega 3
- Low GI food
- Excellent for your heart
- Delicious, healthy snack for weight management

All you would expect from the Seafood Experts

Available at leading supermarkets



Winner General Grocery Category.
Survey of 11,667 people by Nielsen.



Find out more at www.safcol.com.au

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